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Article I. Principles

The Asian Medical Students’ Exchange Programme (hereinafter referred to as AMSEP) shall be the coordinating and working body for all medical student exchange-related matters within Asian Medical Students’ Association (hereinafter referred to as AMSA) International.

Article II. Objectives

Section 1. To provide exchange opportunities for members of the AMSA International community in-between the annual conferences.
Section 2. To foster AMSA’s vision of Knowledge, Action and Friendship.
Section 3. To promote lasting personal linkages between participants.
Section 4. To strengthen the existing bonds between AMSA Chapters.
Section 5. To develop academically-competent and culturally-relevant members of the AMSA International community.
Article III. Responsibilities of the AMSEP International Committee

Section 1. The AMSEP International Committee shall consist of the following:
   1.1 Director of AMSEP International (hereinafter referred to as DoAMSEP International)
   1.2 National AMSEP Directors
   1.3 Local AMSEP Directors / Organising Committee

Section 2. The AMSEP International Committee has the following responsibilities:
   2.1 To facilitate the growth of AMSEP in AMSEP-active chapters.
   2.2 To encourage participation and membership from non-AMSEP-active chapters.
   2.3 To supervise the quality of AMSEP aiming to provide better outcomes.

Section 3. Members of the AMSEP International Committee are elected as follows:
   3.1 The DoAMSEP International is elected as part of the Executive Committee of AMSA International during the meetings held at the Asian Medical Students’ Conference (hereinafter referred to as AMSC) of any particular year.
   3.2 The National AMSEP Directors are elected by respective AMSA chapters in their respective national elections and / or assemblies.
   3.3 The Local AMSEP Directors are elected by the respective local chapters in their respective general elections and / or assemblies. Local AMSEP Directors are optional, they aim to help the National Director. The need of Local AMSEP Directors depends entirely on the circumstances of each chapter. It may be that:
      3.3.1 Each university in the chapter has a local AMSEP director.
      3.3.2 Several Local AMSEP Directors are selected for the entire chapter.
      3.3.3 There is no Local AMSEP Directors but instead, a Local Organising Committee per AMSEP.

Section 4. The following are the rights and responsibilities of the members of the AMSEP International Committee:
4.1 The DoAMSEP International shall act:

4.1.1. To ensure that AMSEP is run in accordance to the AMSEP International Constitution.

4.1.2 To coordinate and guide the overall work being carried out within the scope of AMSEP, reported in a mannered algorithm for each chapter. {Appendix A}

4.1.3 To manage and update the AMSEP algorithm {Appendix A} with just and honesty; acknowledging each chapter’s algorithm status as the utmost priority to decide the sequence of chapters on having an AMSEP.

4.1.4 To enhance the legislation and efficiency of AMSEP by all participating chapters if necessary.

4.1.5 To investigate any difficulty that may arise among the members of the AMSEP International Committee, and mediate discussions to find middle-grounds during conflict resolution; assist in overcoming the former, and incorporate the findings in regular AMSEP reports.

4.1.6 To initiate and supervise AMSEP negotiation processes between chapters and authorise the formation of exchange contracts; with full disclosure of each chapter’s latest AMSEP algorithm status {Appendix A}, with regard to the information provided by each chapter’s National AMSEP Director in {Article III: Section 4.1.8.1} at the beginning of each AMSEP International’s tenure.

4.1.7 To impose, when necessary, appropriate penalties to chapters committing breaches of constitution or other offenses and violations.

4.1.8 To ensure that all relevant official documents of the respective National AMSEP Directors are updated, received and archived:

4.1.8.1 AMSEP International Tenure Summary Form
4.1.8.2 Promotional File
4.1.8.3 Official AMSEP Contract
4.1.8.4 Official AMSEP Delegate Declaration Form
4.1.8.5 AMSEP Delegate Application Form
4.1.8.6 Post-AMSEP Written Report {Appendix B}

4.1.9 To prepare for the seasonal AMSEP International Committee Grand Meeting during AMSC and East Asian Medical Students’ Conference (hereinafter referred to as EAMSC) including the following:

4.1.9.1 Distribute preliminary agenda **at least 1 week / 7 days** prior to the first day of the conference.

4.1.9.2 Facilitate the meeting or in his / her absence, appoint a member of the AMSA International Executive Committee as facilitator.

4.1.9.3 Appoint a National AMSEP Director as secretary for taking down the minutes of the meeting; to be distributed **within 2 weeks / 14 days** after the last day of the conference.

4.1.10 To assist, monitor, and frontline all discussions regarding AMSEP with previously non-AMSEP-active chapters.

4.1.11 To frontline all discussions regarding exchanges with external organisations, along with the relevant Liaison Officers of AMSA International if necessary.

4.1.12 To be present and reachable at all times.
4.2 The National AMSEP Director shall act:

4.2.1 To ensure that his / her chapter’s AMSEP is run in accordance to the AMSEP International Constitution.

4.2.2 To understand the AMSEP algorithm (Appendix A) format thoroughly; proper documentation of any AMSEP and attendance to meetings may result in positive addition of marks, and any form of violation may result in a deduct of his / her chapter's AMSEP algorithm marks.

4.2.3 To serve as the official representative of his / her chapter in the AMSEP International Committee. The National Director is the sole individual allowed to perform all negotiations or discussions with other chapters, only after a formal preliminary permission of DoAMSEP International. In cases where he / she is unable to, the Regional Chairperson or an appointed proxy may intervene.

4.2.4 To attend all AMSEP International Committee meetings during AMSC / EAMSC and at least 80% of the scheduled online meetings in his / her tenure; in the event that he / she cannot attend the meeting, a suitable proxy / representative must be internally appointed, and informed **1 week / 7 days** before the scheduled meeting.

4.2.5 To oversee and take responsibility for all actions done by the respective AMSEP National and Local committees in his / her tenure.

4.2.6 To be aware of all exchanges occurring at any point in time in his / her respective chapter, and together with any Local AMSEP Director / organising committee; be the first-responder to any related matter.

4.2.7 To assist the DoAMSEP International in procuring information or files related to his / her respective chapter’s AMSEP; all documents must be delivered to the twin chapter via the DoAMSEP International:

4.2.7.1 To fill up the **AMSEP International Tenure Summary Form** and submit any form of promotional file as requested by the DoAMSEP International in the beginning of each AMSEP International tenure;
failure to fulfill may result in less prioritised AMSEP distribution throughout the tenure.

4.2.7.2 Pre-AMSEP [Article IV]:
Ensure that official AMSEP contracts including the agreed upon exchange conditions have been signed bilaterally and submitted to the DoAMSEP International, at least 5 weeks / 35 days before the agreed exchange dates.
Collect the Official AMSEP Delegate Declaration Form(s) and AMSEP Delegate Application Form(s) from the delegates and submit to the DoAMSEP International 2 weeks / 14 days before the first day of exchange.

4.2.7.3 Post-AMSEP [Article IV: Section III]:
If you are the hosting chapter, a written report [Appendix B] must be submitted regarding the hosting to the twin chapter and the DoAMSEP International within 4 weeks / 28 days after the last day of exchange.
Explain to the outbound delegates from your chapter on their rights to provide feedback voluntarily, if necessary, to the DoAMSEP International directly via email.

4.2.8 To ensure that the Local AMSEP Directors and committees work in accordance to the AMSEP International Constitution and existing exchange conditions of the concerned parties.

4.2.9 To be present and reachable at all times.
4.3 The Local AMSEP Director shall act:

4.3.1 To ensure that AMSEP is run in accordance to the AMSEP International Constitution.

4.3.2 To promote participation in AMSEP either as delegates or as hosts in respective local chapter.

4.3.3 To assist outgoing delegates in procuring relevant travel documents.

4.3.4 To prepare relevant academic, social, cultural, community service programmes, and proper boarding and lodging arrangements for incoming students in accordance to the exchange conditions agreed in respective AMSEP contracts.

4.3.5 To develop and participate in fundraising efforts for AMSEP causes if necessary.

4.3.6 To report AMSEP-related information, concerns and challenges to concerned parties, including, but not limited to the DoAMSEP International, National AMSEP Director, and other AMSA constituents.

4.3.7 To be present and reachable at all times.
Article IV. Operating Rules and Regulations

Section 1. General Rules & Binding of Contracts

The hosting parties, including, but not limited to the National AMSEP Directors, Local AMSEP Directors, and concerned local committees shall adhere to the following rules and regulations at all times:

1.1 The Asian Medical Students' Exchange Programme is strictly governed by the AMSEP International Constitution.

1.2 An AMSEP is primarily bilateral, unless during specific conditions or limitations, that is subject to further discussion with the DoAMSEP International.

1.3 The programmes & activities of an AMSEP should always include all aspects of Knowledge, Action, and Friendship.

1.4 The minimum amount of academic hours during a standard 7-day AMSEP is 10. Less or more than that is subject to discussion between the involved chapters.

1.5 Negotiations & signing of contracts should always be done by the National AMSEP Director, or authorised proxy or RC if the National AMSEP Director is unavailable.

1.6 Once agreements are finalised, official contracts including the agreed upon exchange conditions shall be signed bilaterally, at least 5 weeks / 35 days before the agreed exchange dates, then signed by the DoAMSEP International for it to be put into effect. Certified true copies shall be sent to the respective directors for archiving purposes.

1.7 An exchange contract is valid for 1 year from the time of the DoAMSEP International's signature, in which both twinnings must be completed. Exceptions include unprecedented events (force majeure) such as natural disasters, political instabilities, international issues, etc., which is subject to immediate discussion with the DoAMSEP International.

1.8 The exchange conditions of each AMSEP listed in the contract include the following points:

1.8.1 Name of hosting university(s)
1.8.2 Date of exchange
1.8.3 Number of delegates
1.8.4 Payment system used
1.8.5 Agreed registration fee
1.8.6 Minimum of academic hours
1.8.7 Cancellation policies
1.8.8 Other remarks or agreements, such as: boarding and lodging, programme requests
1.9 A signed contract is fixed and binding. Amendments to the contract can only be done via a contract revision by the DoAMSEP International, with the following conditions:
   1.9.1 All involved chapters are well-informed and have agreed to the amendments.
   1.9.2 The amendments are rational and approved mutually by the DoAMSEP International.
1.10 Other minor aspects of the exchange, out of the exchange contract may be discussed later with consent from the involved chapters.
1.11 Any amendment to the exchange conditions must be proposed at least 4 weeks / 28 days before the agreed exchange dates; any later than that may result into a breach, and thus cancellation policies (Article V), along with additional cancellation policies agreed in the contract, will be put into effect towards involved chapters.

Section 2. Payment Systems & Funding of Exchange
2.1 An AMSEP should be carried out with the lowest costs possible to ensure affordability to the delegates – with consideration to quality.
2.2 There are 2 types of payment systems available from which AMSEP chapters can choose to utilise, which are:
   2.2.1 Type 1 Payment: where delegates pay the host to cover fees for their own inbound.
   2.2.2 Type 2 Payment: where each chapter cover their own fees to host their inbound.
2.3 The maximum registration fee for an AMSEP is USD 450 per delegate for all chapters, with the following exceptions:
   2.3.1 The maximum registration fee for Australia, Hong Kong, Singapore, United Kingdom, and any hosting university that does not provide on-campus logistics, is USD 600.
2.4 The maximum amount of the registration fee allocated to the organising committee is 20%.
2.5 The registration fee and its allocation is negotiable during preliminary discussions and must be agreed by the involved chapters before being established in the exchange contract. An
exchange of budget report should be done before the establishment of a contract.

2.6 Any amount raised by running the exchange programme shall be used solely for the development of AMSEP in any particular chapter.

Section 3. Miscellaneous Rules and Regulations during Exchange

3.1 **2 weeks / 14 days** before the first day of exchange, each delegate should submit two documents to his / her National Director:

3.1.1 *Official AMSEP Delegate Declaration Form*; late submission may result in a deductible of his / her chapter’s AMSEP algorithm

3.1.2 *AMSEP Delegate Application Form*

3.2 Every delegate must follow the succeeding rules and regulations at all times. Failure to abide by the rules may be grounds for immediate forfeiture of the individual seat.

3.3 Any local House Rules as stated in the exchange conditions, the official contract clauses, and, if applicable, hospital ground rules shall be the primary governing bodies applied throughout the duration of the exchange programme.

3.4 Any financial loss due to a delegate’s own breach of contract must be shouldered by the concerned individual.

3.5 A delegate is responsible for any damage that he / she may have caused to the living quarters and other materials lent for their personal use throughout the duration of the exchange programme. In case the damage is discovered after the programme has ended, a formal complaint shall be filed **within 4 weeks / 28 days** by the National AMSEP Director to the DoAMSEP International, who shall decide the course of action to be taken.

3.6 A formal certificate of participation should be given by the local committees to all delegates who have successfully completed the AMSEP, on the last day of the exchange.

3.6.1 In cases where that is not possible, the certificates should be given the latest during the next conference (AMSC or EAMSC) via the National AMSEP Director, Regional Chairperson, or a proxy; or by postage.

3.7 **Within 4 weeks / 28 days** after the last day of an exchange, the:
3.7.1 Hosting Party: should send a written report {Appendix B} regarding the hosting to the twin chapter and the DoAMSEP International, via their National AMSEP Director.

3.7.2 Delegating Party: should understand the rights of providing feedback voluntarily, if necessary, to the DoAMSEP International directly via email.
Article V. Policies for Exchange Cancellations and Other Violations

Section 1. General Principle of Cancellation Policies

1.1 An AMSEP is established under the mutual understanding between the chapters involved. However in cases where a chapter cancels an AMSEP in less than 4 weeks / 28 days from the initial agreed first day of AMSEP, the following penalties should be fulfilled when necessary.

1.2 Note that the following policies apply only if the cancellation is not due reasons of force majeure: Natural Disasters, Serious Political Issues, International Affairs, etc.

Section 2. Cancellation of Hosting (Inbound Cancellation)

2.1 This section describes policies when a chapter wishes to cancel an AMSEP hosting.

2.2 A formal apology letter by the cancelling chapter should be issued for the twin chapter, for archive and notification purposes.

2.3 If Type 1 Payment is used: The cancelling chapter must fully-refund the registration fees of the incoming delegates from the twin chapter.

2.4 If Type 2 Payment is used: Considering the twin has hosted, the cancelling chapter must fully-refund the fees used by the twin during their hosting. Furthermore, the following rules apply upon discretion by the twin:

2.4.1 If the incoming delegate from the twin chapter has already bought a plane ticket, the chapter cancelling the hosting is expected to reimburse the ticket at its original price, with the victim’s local currency.

2.4.2 If the twin chapter has done preparations for their hosting, the cancelling chapter is expected to reimburse expenses on items that:

2.4.2.1 Are not refundable.

2.4.2.2 Are depreciable or cannot be used by the organising committee for future purposes.
Section 3. Dropout of Delegates (Outbound Cancellation)

3.1 This section describes policies where a delegate wishes to cancel his / her outbound AMSEP.

3.2 If a delegate wishes to cancel his / her outbound AMSEP, the chapter must find a substitute delegate of the same gender to replace him / her. In cases where a substitute cannot be found within 1 week / 7 days after the cancellation is notified, the following penalties are imposed:

3.2.1 If Type 1 Payment is used, the penalty takes form in reduction of registration fee reimbursement. If the cancellation occurs:

3.2.1.1 4 weeks / 28 days before the first day of AMSEP, the delegate is given a full refund of registration fee.

3.2.1.2 14-27 days before the first day of AMSEP, the delegate is given a half refund of registration fee.

3.2.1.3 <14 days before the first day of AMSEP, there is no refund of registration fee.

3.2.2 If Type 2 Payment is used, no other penalty is given, but the expenses of the cancelling chapter used to host their inbound will not be refunded.

Section 4. Special Circumstances & Rights of DoAMSEP International

4.1 AMSEP International has the right to terminate a contract, if all of the following are met:

4.1.1 All involved chapters wish to terminate the contract.

4.1.2 There has been no exchange from any side.

4.1.3 The circumstances are in a way that it cannot be discussed any further.

4.2 A chapter is allowed to apply for extension of a contract, if all of the following are met:

4.2.1 All involved chapters are well informed on the extension.

4.2.2 A formal extension application with a valid reason is provided to the DoAMSEP International at least 6 weeks / 42 days prior to the first day of the initially agreed exchange date.
4.3 Any additional penalties discussed later are allowed i.e. reimbursement of airplane tickets etc. as long as it is agreed by DoAMSEP International.

Section 5. Penalties for other cases
In the case that a penalty is required for other types of offenses, or in a manner that is not described above, the penalty will be discussed further in a case-by-case manner between the involved parties, mediated by the acting DoAMSEP International.
Appendix A

Blank Algorithm Sample:

<table>
<thead>
<tr>
<th>AMSEP ALGORITHM FOR - CHAPTER:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>TWIN CHAPTERS</td>
<td></td>
</tr>
<tr>
<td>ARRANGED BY DaAMSEP INTERNATIONAL</td>
<td></td>
</tr>
</tbody>
</table>

Document Types required for submission may refer to Article III: 4.1.8.

Algorithm Format:

INITIAL ALGORITHM MARKS (2019/2020) FOR ALL CHAPTERS = 0.0
PERFORMANCE RECORD TRACKED BACK SINCE CONTRACTS FROM TENURE 2019/2020
BASIC DENOMINATOR FOR TOTAL ALGORITHM MARKS = NUMBER OF SIGNED CONTRACTS OF CHAPTER AT TIME
ALGORITHM MARKS ARE UPDATED ON A MONTHLY BASIS.

ALGORITHM METHOD FOR ALL DOCUMENT TYPES & ATTENDANCE TO MEETINGS EXCEPT OFFICIAL AMSEP Delegate Declaration Form & AMSEP Delegate Application Form & Promotional File:
- PUNCTUAL SUBMISSION OF DOCUMENT ATTENDANCE TO MEETINGS +25 MARKS / DOCUMENT TYPE OR ATTENDANCE
- LATE / MISS SUBMISSION OF DOCUMENT +25 (2 MARKS / DAY / DOCUMENT TYPE)
- FAILED SUBMISSION OF DOCUMENT - 30 MARKS / DOCUMENT TYPE

ALGORITHM METHOD FOR Official AMSEP Delegate Declaration Form:
- PUNCTUAL SUBMISSION OF FORM +3 MARKS / Form
- LATE / MISS SUBMISSION OF FORM - 1 MARK / DAY / Form
- FAILED SUBMISSION OF FORM - 10 MARKS / Form

ALGORITHM METHOD FOR AMSEP Delegate Application Form:
- PUNCTUAL SUBMISSION OF FORM +2 MARKS / Form
- LATE SUBMISSION WILL NOT BE ENTERTAINED

ALGORITHM METHOD FOR Delegate’s POST-AMSEP EMAIL FEEDBACK TO DaAMSEP INTERNATIONAL SUBMISSION OF FEEDBACK +0.5 MARKS / FEEDBACK

Example:

POST-AMSEP WRITTEN REPORT

Written by: [FULL NAME OF WRITER]

Section I. AMSEP Details

AMSEP [HOST CHAPTER] for [INCOMING CHAPTER]

<table>
<thead>
<tr>
<th>Contract Number</th>
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<tbody>
<tr>
<td>Name of Hosting University(s)</td>
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</tr>
<tr>
<td>Dates of Exchange</td>
<td></td>
</tr>
<tr>
<td>Number of Delegates</td>
<td></td>
</tr>
<tr>
<td>Payment System: Type 1 or 2</td>
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<tr>
<td>Registration Fee (compulsory if Type 1 is used)</td>
<td></td>
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Section II. Hosting Committee Report

[VERY DISSATISFIED] -> [VERY SATISFIED]

Please rate your committee members' performance during the:

1. Academic programmes  1  2  3  4  5
2. Social / Cultural programmes  1  2  3  4  5
3. Community service programmes  1  2  3  4  5

Please write a report of your committee members' overall performance. (200-300 words)
Appendix B

Please fill up the table below accordingly.

<table>
<thead>
<tr>
<th>Programmes</th>
<th>Challenges</th>
<th>Solutions</th>
<th>Suggestions</th>
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<tr>
<td>Academic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Social / Cultural</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Service</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Section III. Delegate Performance Report

Please rate the delegates’ response / participation to the:

1. Academic programmes  
   ![Very Dissatisfied] -> ![Very Satisfied]
   1  2  3  4  5

2. Social / Cultural programmes  
   ![Very Dissatisfied] -> ![Very Satisfied]
   1  2  3  4  5

3. Community service programmes  
   ![Very Dissatisfied] -> ![Very Satisfied]
   1  2  3  4  5

Please write a report of the delegates' overall performance; include damage complaints if any, with delegate’s full name noted. (200-300 words)
Appendix B

I hereby AMSEP [HOST CHAPTER] provide honest information of the AMSEP that just happened. All information given is correct and true.

Prepared by,

[Please insert your electronic signature]
[Your full name]
[Place], [Date] [Month] [Year]

Checked by,

[Please insert National AMSEP Director’s electronic signature]
[National AMSEP Director’s full name]
[Place], [Date] [Month] [Year]
Revised by:

Marjorie Ong Jia Yi
Director of Asian Medical Students’ Exchange Programme
Asian Medical Students’ Association International Executive Committee 2019/20

Acknowledged by:

Khaw Shen Chuen
Overall Chairperson
Asian Medical Students’ Association International Executive Committee 2019/20