Dear Friends,
Welcome to Taiwan!

Asian Medical Students Exchange Program
Dear Friends from AMSA family,

This is greeting from Taiwan to our dearest future guest :) Although we may not know each other yet, it is our honor to be your guide in the beauty island Formosa. And it is also our pleasure to show you the vibrancy backdrop of Taiwan, the enthusiasm of Taiwanese, the in-depth tradition of Asia, and the professionalism plus advancement of our medicine.

Hereby, we assure you that our Local committee will give you the best experience of AMSEP, with all their efforts, unlimited passion and warmest hospitality. Moreover, members in AMSA Taiwan are eager to be outgoing delegates, and join the AMSEP of your country. By sharing academic knowledge and establishing long-term friendships, delegates from different countries will create tight bonds and build intimate connections with one another.

It is the beginning of a great journey. It is always our fortune to introduce you how great this country is. We look forward to meet you in Taiwan.

By that time, we shall share our dreams in future medicine, and for sure with a cup of bubble milk tea.

All the best,

Director of AMSEP, AMSA Taiwan
Taipei City is the capital and a special municipality of Taiwan. Located in north of Taiwan, Taipei is the political, economic, and cultural center of Taiwan and one of the Taipei is home to various world-famous architectural or cultural landmarks major hubs.
Located in the Taichung Basin, the city was named under Japanese rule. Originally composed of several scattered hamlets, the city of Taichung was planned and developed by the Japanese. It was called "the Kyoto of Formosa" in Japanese era because of its calm and beauty.
Kaohsiung is a city in south of Taiwan. Since founding in the 17th century, Kaohsiung has grown from a small trading village into the economic centre of southern Taiwan, with key industries like manufacture, steel-making, oil refining, freight transport and ship-building. Kaohsiung now is gearing towards tourism, touting its history and nature.
Hereby, we present you an example of how AMSEP in Taiwan would look like. The schedule will include academic components, social cultural elements, as well as hospital visit, sightseeing and certainly tasty food in night markets.

AMSEP in Taiwan most likely contain all local transportation expenses (except transport from airport to hostel), 2 meals per day and entrance fee of tourism spots.

However, you are reminded that the arrangement may vary among schools. You are highly advised to communicate with your partner LCs for more information.
Hospital Visit

Upon the hospital visit, we may offer minimally invasive surgery training session, general surgery observation and clinical model training classes. Besides, we may also offer VR anatomy lecture or a general visit of Chinese medicine clinic in Taiwan.
Social culture activities

You may have the chance to experience the traditional culture of Taiwan, including flying a sky lantern, dressing traditional costume and tasting the local Taiwan cuisine. You may even be able to learn how to make a pineapple cake or writing Chinese calligraphy!
Chinese Medicine Experience

Use of Traditional Chinese medicine (TCM), an important category of complementary and alternative medicine (CAM), has increased substantially in Western countries during the past decade. Use of TCM is also widespread in the Chinese population. In Taiwan, you may have a chance to experience acupuncture, manufacture of TCM ointment and packing your own TCM receipt.
AMSEP in Taiwan provides various types of community service opportunity, which allow our foreign friends to experience Taiwan culture and make local impact meanwhile. Through the services like visiting elder houses, cleaning beaches, hosting minority group and public health education on street, we believe our delegates will understand Taiwan in a different perspective, and together we make precious memory by contributing the society. Move information, please refer to the local committee in different schools.
Taiwan local cuisine
Arguments about Taiwan's best food risk ruining relationships and lifelong friendships. Food: it's serious, it’s respected, it’s all excellent when you travel to Taiwan. The island's food is a mash-up of the cuisine of the Min Nan, Teochew and Hokkien Chinese communities, along with Japanese cooking techniques. It's a culinary love-in with diversely delicious offspring.
Taiwanese night markets are street markets in Taiwan that operate in urban or suburban areas between sunset and sunrise. Most night markets operate daily and feature a mixture of individual stalls selling clothing, consumer goods, snacks or fast food, and specialty drinks.

Let us treat you to bubble milk tea :)
Hostel Culture in Taiwan
Unfortunately, only Chang Gung University and Mackey Medical College can provide dormitory as accommodation for our foreign delegates. However, there are a lot of hostels around in Taiwan, and we will arrange the best hostel for our delegates. It also means that our delegates will be able to have a taste of Taiwan local hostel culture, and experience the hospitality of local Taiwanese. Hostels in Taipei generally offer a wide range of services such as complimentary breakfast and free or very cheap self-service laundry. And they usually feature various style and provide travellers advices and recommendation to visit the city.
Transportation

Metro supports the City's all-round development for better living, working, recreation, and transportation. Besides, TRA is both traditional and modern, with long history and is the only island-wide railway. Furthermore, Taiwan High Speed Rail (THSR) is the high-speed railway of Taiwan. With all these transportation, Taiwan becomes more friendly to foreign visitors to travel.
### Visa-Exempt Entry

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<thead>
<tr>
<th>Country</th>
<th>Length of Stay</th>
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<tbody>
<tr>
<td>Andorra, <strong>Australia</strong> (effective till December 31, 2020), Austria, Belgium, Bulgaria, Canada, Chile, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Eswatini, Finland, France, Germany, Greece, Guatemala, Haiti, Honduras, Hungary, Iceland, Ireland, Israel, Italy, <strong>Japan, Republic of Korea</strong>, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Marshall Islands, Monaco, Netherlands, New Zealand, Nicaragua, North Macedonia (effective till March 31, 2025), Norway, Palau, Paraguay, Poland, Portugal, Romania, San Marino, Slovakia, Slovenia, Spain, Sweden, Switzerland, Tuvalu, the <strong>United Kingdom</strong>, the United States of America, and Vatican City State</td>
<td>90 days</td>
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<tr>
<td>Belize, Dominican Republic, <strong>Malaysia</strong>, Nauru, St. Kitts and Nevis, Saint Lucia, Saint Vincent and the Grenadines, <strong>Singapore</strong></td>
<td>30 days</td>
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<tr>
<td><strong>Russia</strong> (effective till July 31, 2021)</td>
<td>21 days</td>
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<tr>
<td>The kingdom of <strong>Thailand</strong> (effective till July 31, 2021), <strong>Brunei</strong> (effective till July 31, 2021), <strong>Philippines</strong> (effective till July 31, 2021)</td>
<td>14 days</td>
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### Countries eligible for e-Visa

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<th>When relevant criteria are met</th>
<th>Bahrain, Burkina Faso, Colombia, Dominica, Ecuador, Kiribati, Kuwait, Mauritius, Montenegro, Oman, Panama, Peru, Qatar, Saudi Arabia, Solomon Islands, Turkey, United Arab Emirates, Kosovo and Bosnia-Herzegovina</th>
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<tr>
<td><strong>Tourist groups</strong></td>
<td>Cambodia, <strong>India</strong>, <strong>Indonesia</strong>, Laos, Myanmar, and <strong>Vietnam</strong></td>
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Hereby we promised to provide the best hospitality of Taiwan to our dear friends in AMSA :) 
For any information, please do not hesitate but contact us via amseptaiwan@gmail.com
our Director of AMSEP will always be there to answer your enquires.
You may also find us on http://www.amsataiwan.com/
or follow us on Facebook and Twitter.

We look forward to meet you up in Taiwan!
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